



BREAKFAST MENU

SERVED TILL 12:00

PLAIN CROISSANTS €2.90

Add Nutella, Pistachio, or Berry Compote (*Extra €1*)

MALTESE TRADITIONAL FTIRA €5.90

Tuna chunks, capers, olives, tomato paste, garlic, olive oil, crisps

BREAKFAST CIABATTA €7.50

Omelette, bacon, sausages, Leicester cheese, tomatoes, crisps

SMASHED AVOCADO €7.90

grilled sourdough bread, scrambled eggs, chives

STACKED PANCAKES OR WAFFLES €7.90

Nutella or pistachio or berry compote or maple syrup & caramelised banana.

Served with whipped cream

EGGS BENEDICT €8.90

Poached eggs, buttered English muffin, streaky bacon, hollandaise sauce

EGGS ROYALE €9.90

Poached eggs, butter English muffin, smoked salmon, hollandaise sauce

CROQUE MADAME €9.90

Grilled sourdough bread, Dijon mustard, smoked ham, cheddar, bechamel, fried egg

CLASSIC TOASTIE €3.90

Toasted buttered sliced bread, ham, cheddar cheese, crisps

OMLETTE €6.90

3 Egg Omelette, toasted bread

Add Ons

- Ham, Mushrooms, Cheese, Onions, Tomatoes (€1.20)
- Smoked Salmon (€3)

YOGHURT & GRANOLA €7.90

Greek yoghurt, granola, fresh berries, pecan nuts, dried apricots, coconut flakes, maple syrup

BRIOCHE FRENCH TOAST €8.90

Whipped ricotta, berries, toasted almonds, butterscotch

THE FULL VEGGIE €9.90

Free-range fried eggs, halloumi, baked beans, avocado, hash browns, Roasted tomato, sourdough bread

SHAKSHUKA €9.90

Eggs baked in a roasted pepper & spicy tomato sauce, crumbled feta, grilled sour dough

THE LIFESTYLE FULL ENGLISH €9.90

Free-range fried eggs, streaky bacon, local pork sausages, baked beans, roasted tomato, hash browns, sourdough bread

BREAKFAST

SMOOTHIES MENU

COCONUT CRUSH

Pineapple, Banana, Coconut

STRAWBERRY DELIGHT

Strawberry, Banana, Peach

BLUEBERRY BLISS

Blueberry, Raspberry, Mango, Papaya

CHERRY BUZZ

Sweet Cherry, Mango, Banana, Fat Free Frozen Yoghurt (Contains Lactose)

SUPERBERRY HEAVEN

Strawberry, Raspberry, Blackberry

TROPICAL SUNSHINE

Mango, Melon, Pineapple, Kiwi

ACAI MAGIC

Acai, Blueberry, Mango, Banana

PROTEIN BOOSTER

Whey Protein Pellets, Strawberry, Pomegranate, Blueberry, Hemp Seeds

€5.95 each