



FOOD MENU



Let's get you started ...

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| Breaded 'Gozo' Cheeselets | €12.90 |
| Onion & Tomato Jam, Walnut Vinaigrette, Beetroot | |
| Calamari Fritti | €15.90 |
| Black Olive & Lemon Mayo | |
| Sourdough Bruschetta | €10.90 |
| Maltese Sausage, Mozzarella Di Bufala, Balsamic Onions, Tomatoes | |
| Salmon & Potato Fish Cakes | €12.90 |
| Cucumber & Poppy Seed Salad, Rocket Leaves, Capers & Lime Dressing | |
| Local Tuna Tartare | €13.90 |
| Avocado, Tomato Gazpacho, Sesame Seeds, Pickled Cucumber | |
| Mussels & Clams | €15.90 |
| Tomato & Vegetable Broth, Marjoram, Grilled Sourdough | |
| Pesto Burratina & Prosciutto | €13.90 |
| Pesto Stuffed Burratina, Romesco Sauce, Pangrattato , Prosciutto | |
| Grilled Cuttlefish | €14.90 |
| Salsa Verde, Lemon, Baby Spinach & Tomato Salad | |
| Artichoke Tempura | €13.90 |
| Caesar Dressing, Lemon, Paprika Salt | |

Burgers.

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| Blu Beach Beef Burger | €16.90 |
| Chargrilled Beef Patty, Leicester Cheese, Crispy Fried Onions, Bacon, Tomatoes, Pickled Mayo | |
| Southern Style Chicken Burger | €16.90 |
| Southern Fried Chicken Breast, Coleslaw, Hickory BBQ Sauce, Havarti Jalapeno Cheese | |
| Vegan Avocado Burger | €15.90 |
| Fried Avocado Patty, Hummus, Vegan Mayo, Tomatoes, Grilled Tofu | |

All burgers are served with french fries & a toasted brioche bun



Scrumptiously Satisfying **Pasta.**

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| Linguini Seafood | €16.90 |
| Brown Clams, Mussels, Prawns, Cherry Tomatoes, Herbs, Shellfish Bisque | |
| Rabbit Tortelloni | €15.90 |
| Creamed Leeks & Peas, Garlic & Sage Butter, Peppered 'Gbejna' | |
| Seabass Ravioli | €15.90 |
| Artichoke & Chorizo Velouté, Confit Tomatoes, Samphire | |
| Mushroom & Parmesan Risotto | €14.90 |
| Truffle Butter, Crispy Kale | |
| Orechiette 'Salsiccia' | €13.90 |
| Maltese Sausage, Gorgonzola Cream, Pumpkin, Spinach | |
| Rigatoni Cuttlefish & Octopus | €15.90 |
| Black Olives, Capers & Herbs. Finished in a Rich Tomato Sauce | |
| Swordfish & Mussel Risotto | €15.90 |
| Zucchini, Prawn Butter, Parsley Oil | |
| Linguine Lobster | €29.90 |
| Half Lobster, Cherry Tomatoes, Fresh Herbs, Lobster Bisque | |
| Can also be served with gluten free pasta Main Course Size - €2.90 | |

Platters to **Share.**

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| Charcutier Board | €26.90 |
| Prosciutto di Parma, Mortadella di Bologna, Porchetta, Salami Napoli, Mozzarella Di Bufala, Peppered Gbejna, Havarti Jalapeno, Manchego. Served with Chutneys, Artisinal Crackers, Focaccia, Local Honey, Grapes & Nuts | |
| Fish & Seafood Platter | €32.90 |
| Calamari Fritti, Mussels & Clams, Whitebait Fritters, Salmon Fish Cakes, King Prawns, Grilled Cuttlefish, Focaccia, Black Olive Mayo | |
| Blu Beach Platter | €29.90 |
| Baked Camembert, Duck & Orange Croquettes, Breaded 'Gozo' Cheeselets, Trio of Sausages. Served with a Fruity Chutney, BBQ Sauce & Focaccia | |

Salads.

Cajun Chicken Caesar Salad €14.90

Cajun Spiced Chicken Breast, Romaine Lettuce, Caesar Dressing, Garlic Croutons, Parmesan Shavings

Goats Cheese, Fig & Beetroot Salad €14.90

Rocket Leaves, Roasted Pumpkin, Walnuts, Honey Dressing, Pomegranate Seeds

Tuna Niçoise Salad €14.90

Grilled Fresh Tuna, Green Beans, Boiled Eggs, Cherry Tomatoes, New Potatoes, Black Olive Dressing

Grilled Beef & Parmesan salad €18.90

Grilled Beef Flank, Parmesan Shavings, Sun Dried Tomatoes, Rocket Leaves, Red Onions, Balsamic Dressing

Roasted Cauliflower & Cous Cous Salad €13.90

Spiced Cauliflower, Cous Cous, Avocado, Flaked Almonds, Raisins, Salad Leaves, Tahini Dressing

Spicy Salmon Poke Bowl €15.90

Sushi Rice, Spicy Fresh Salmon, Pineapple, edamame Beans, Carrots, Wakame, Avocado, Sriracha Sauce

Vegan Poke Bowl €14.90

Sushi Rice, Tofu, Avocado, Carrot, cabbage, Edamame Beans, Radish, Red Onion, Pickled Ginger, Sesame Seeds

Sides.

Potato Fries €3.90 **Spicy Jacket Potato Wedges** €3.90

Mango Chutney Mayo

Roast Baby Potatoes €3.90 **Baked Seasonal Vegetables** €3.90

Garlic, Fennel Seeds, Olive Oil

Rosemary, Thyme, Olive Oil

Sweet Potato Fries €4.50

Paprika Salt

Blu Beach Salad €3.50

Mixed Salad Leaves, Cherry Tomatoes, Cucumber, Black Olives, Edamame beans, Red Onions, Olive Oil, Balsamic



Sushi.

Spicy Tuna Hosomaki

€9.90

Minced Tuna Belly, Scallions, Crispy Tempura Flakes.

Forbidden Salmon Urumaki

€11.90

Black Rice, Smoked Salmon, Sheep Cheese, Avocados, Cucumber, Beetroot Mayo

Duck Urumaki

€12.90

Confit Shredded Duck, Hoi Sin Sauce, Crispy Leeks

Fried Roll

€11.90

Minced Tuna Belly, Cream Cheese, Avocado, Scallion, Togarashi, Teriyaki

Prawn Tempura Roll

€10.90

Battered Prawn, Cucumber, Avocado, Japanese mayo, Crispy panko Coating.

Katsu Tori

€10.90

Panko Breaded Chicken Breast, Baby corn, Spring onions, Sesame Seeds, Katsu Mayo

Spicy Tuna

€10.90

Tuna, Sambal Oelek, Japanese Mayo, Togarashi, Spring Onions

Sushi Boat (16 pieces)

€22.90

2pc Tuna Nigiri, 2pc Salmon Nigiri, 4pcs Chicken Katsu Tori, 4pc Spicy Tuna Hasomaki, 4pc Prawn Tempura Roll

Sushi Boat (32 pieces)

€45.90

2pc Tuna Nigiri, 2pc Salmon Nigiri, 4pcs Chicken Katsu Tori, 4pc Spicy Tuna Hasomaki, 4pc Prawn Tempura Roll

Mains.

Grilled Rib-Eye of Beef €29.90

Garlic & herb butter, Crispy Fried onions

Citrus Spiced Salmon €25.90

Red Pepper Sauce, Fried Kale

Pork Schnitzel €22.90

Potato & Green Bean Salad, Onion & mustard vinaigrette

Beef 'Tagliata' €26.90

Rucola & Parmesan, Olive Oil

Baked Whole Seabream 'Acqua Pazza' €25.90

Olive Oil, Tomatoes, Black Olives, White Wine, Capers & herbs

Pan Roasted Meagre Fillet €25.90

Globe Artichokes, Parsley Sauce

Baked Chicken Breast €22.90

Leek, Pea & Mushroom Cream. Glazed With Manchego Cheese

Grilled Lamb Chops €25.90

Garlic & Mint marinade, Babaganoush

All the mains are served with a choice of any item from the sides

Sauces

Mushroom & Truffle €3.50

Peppercorn & Brandy €3.50

Gorgonzola €3.50



Mouth-Watering Pizza.

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| Margherita | €10.50 |
| Tomato Sauce, Mozzarella, Fresh Basil, Olive Oil | |
| Focaccia | €12.90 |
| Buffalo Mozzarella, Garlic, Kalamata Olives, Parmeggiano, ,Rucola, Cherry Tomatoes | |
| Capricciosa | €12.90 |
| Tomato Sauce, Mozzarella, Eggs, Mushrooms, Ham, Olives, oregano | |
| La Carbonara | €12.90 |
| Mozzarella, Egg, Crispy Guanciale, Pecorino Romano, Black Pepper | |
| Parma | €14.90 |
| Tomato Sauce, Buffalo Mozzarella, Parma Ham, Rucola, Cherry Tomatoes, Parmesan Shavings, Olive Oil | |
| Calzone | €14.90 |
| Tomato Sauce, Ricotta, Egg, Mozzarella, Parma Ham, Truffle Cream | |
| Porchetta | €14.90 |
| For di Latte, Porchetta, Manchego Cheese, Roast Potatoes, Fennel Seeds, Onions | |
| Mortadella | €13.90 |
| For Di Latte, Mortadella, Pistachio Pesto, Pecorino, Olive oil | |
| La Vegana | €13.90 |
| Tomato Sauce, Garlic, Roast Potatoes, Red Bell Peppers, Zucchini, Black Olives, Cherry Tomatoes, Fresh Basil | |
| Salmone | €14.90 |
| Smoked Salmon, Zucchini, Basil Pesto, Cream Cheese, Lemon Oil | |
| BBQ Chicken | €13.90 |
| Mozzarella, BBQ Sauce, Cajun Chicken, Roast Peppers, Caramelised Onion | |
| Gozitan | €13.90 |
| Tomato Sauce, For Di Latte, Tuna, Capers, Black Olives, Peppered Goats Cheese, Onions, Sun Dried Tomatoes, Olive Oil | |
| Maltese | €13.90 |
| Tomato Sauce, Ricotta, Maltese Sausage, Sun Dried Tomatoes, Roast Potatoes | |
| Blu Beach | €15.90 |
| Tomato Sauce, Mozzarella, Tuna, Mussels, Prawns, Octopus, Black Olives, Cherry Tomatoes | |

Add extra ingredients - €1.50 / Burrata or Smoked Salmon - €2.90

Desserts.

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| Hot Chocolate Fondant Vanilla Bean Ice Cream | €7.90 |
| Maltese Traditional 'Mqaret' Local Honey, Raisin & Nut Ice Cream | €6.90 |
| Lemon Posset Creamy Lemon Mousse with Summer Berries & Shortbread Crumble | €6.90 |
| Caramel Pannacotta Spiced Apples, Ginger Biscuits | €6.90 |
| Warm White Chocolate & Raspberry Brownie Pistachio Ice Cream, Raspberry Puree | €7.90 |
| Baked 'Oreo' Cheesecake Peanut Custard | €7.90 |



If you suffer from a food allergy, intolerance or have special dietary requirements, please inform our staff before you place your order.



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LIFESTYLE
GROUP